

RISE AND SHINE

SIGNATURE BREAKFAST BURRITOS:

All American Blend

\$8.75

Eggs, bacon, diced red onions, hash browns, cheddar and jack cheeses all wrapped in a soft tomato tortilla and served with a side of salsa.

Southwestern Blend

\$8.75

Eggs, fresh tomatoes, black bean and corn salsa, avocado, cheddar and jack cheeses, rice and sour cream all wrapped in a soft tomato tortilla and drizzled with chipotle aioli.

Greek Blend

\$8.75

Eggs, fresh tomatoes, spinach, kalamata olives and feta cheese all wrapped in a soft spinach tortilla and drizzled with our Greek dressing..

Southwestern Blend

WAFFLES LIKE NO OTHER:

Wafflicious

\$8.75

Crunchy peanut butter, apples, bananas, grapes and chopped pecans, drizzled with honey.

🖐 Turtle Waffle

\$8.75

Chopped pecans and chocolate chips, topped with whipped cream, drizzled with chocolate sauce and caramel sauce.

🖐 Nutty Irishman

\$8.75

Crunchy peanut butter, chopped pecans and walnuts, topped with whipped cream, drizzled with a splash of amaretto syrup, hazelnut syrup, and Irish cream syrup.

🖐 Bananas Foster Waffle

\$8.75

Topped with bananas, whipped cream, drizzled with caramel and sprinkled with cinnamon sugar.



Build Your Own Waffle - Choose from the following:

Peanut Butter Apples Chopped Walnuts Bananas Chopped Pecans Grape Halves Chocolate Chips Chocolate Sauce White Chocolate Sauce Whipped Cream Caramel Honey

BREAKFAST SANDWICHES, PASTRIES & OTHER:

	akfast Panini – ask to add aioli age, bacon or ham, egg, cheddar and jack cheeses, grilled hot.	\$6.95
	akfast Bagel – ask to add aioli age, bacon or ham, egg, cheddar and jack cheeses, grilled hot.	\$6.50
Bag	els	\$2.95
Add :	nioli, cream cheese, jelly, peanut butter, hummus	\$1.25
₩ Mut	fins	\$3.95
Sco	nes	\$3.95
	urt, Fruit & Homemade Granola a yogurt, topped with sliced bananas, diced apples, grapes and our	\$5.75 famous homemade

BREAKFAST PIZZAS - YUM!!!

-	Bacon and Tomato	\$8.95
	Hummus, eggs, diced bacon, diced red onions, tomatoes, cheddar and jack cheeses.	

granola. This one is a favorite!

Southwestern

Eggs, chipotle aioli, black bean and corn salsa, tomatoes, avocado, cheddar and jack cheeses, garnished with fresh cilantro.

OATMEAL LIKE NONE OTHER:

Banana Walnut Our gourmet oatmeal lightly sweetened with bananas, walnuts, cinnamon	\$5.75 and a splash of honey.
Cinnamon Raisin Our gourmet oatmeal lightly sweetened with cinnamon and raisins.	\$5.75
Apple Cinnamon Our gourmet oatmeal lightly sweetened with cinnamon and apples.	\$5.75
Blueberry	\$5.75

Build Your Own Oatmeal - Choose from any of our fruits, flavored syrups, smoothie ingredients, nuts, etc.

Our gourmet oatmeal lightly sweetened with blueberries and a splash of cinnamon.

EGG WHITE FRITTATAS:

Veggle Frittata \$5.75
Egg whites, tomatoes, red onions, bell peppers, fresh spinach and cheese.

Spanish Frittata Egg whites, tomatoes, red onions, bell peppers, bacon, cheddar and jack cheeses with tomato salsa and creme fraiche.

Did you know??? We cater breakfast, lunch, dinner, office parties, weddings, special events



Breakfast Panini



Southwestern Pizza



Banana Walnut Oatmeal



Spanish Frittata

GRILLED PANINIS

All sandwiches come with a side item below. \$.75 charge to substitute whole grain bread.

Southwest Turkey

\$10.75

Smoked turkey breast, black bean and corn salsa, avocado spread, fresh cilantro, cheddar and jack cheeses and chipotle aioli on ciabatta bread and grilled hot.

Yellow Curry Chicken Salad

\$10.75

Moist chicken, sundried cranberries, red onions, walnuts and fresh mixed greens tossed in our yummy yellow curry sauce on ciabatta bread and grilled hot.

Chicken Pesto

\$10.75

Moist chicken, tomatoes, fresh basil, roasted red peppers and parmesan cheese, drizzled with pesto sauce on ciabatta bread and grilled hot.

HOUSE BLEND Steak & Cheese

Whole Grain Veggie Panini

\$10.75

Juicy flank steak, roasted green peppers and onions, cheddar and jack cheeses on clabatta bread and grilled hot.

\$10.75

Gourmet mixed greens, tomatoes, roasted red peppers, red onions and hummus spread, drizzled with balsamic glaze on 12 grain clabatta and grilled hot.

Whole Grain Mediterranean Turkey

\$11.50

Smoked turkey, hummus, roasted red peppers, tomatoes, feta cheese, Kalamata olives, drizzled with Greek dressing on 12 grain clabatta.

Buffalo Chicken Panini

\$10.75

Our delicious chicken tossed in buffalo sauce and ranch dressing, topped with onions and cheese, grilled hot. Warning! It's addictive!!!

1/2 Sandwich & Bowl of Soup

Same as the price of the sandwich. Not available with wraps. Does not include a side item.

📦 1/2 Sandwich & Half Salad

Choose from any sandwich and any salads. Price varies based on salad and sandwich.

SIDE ITEMS:

0.52	
Potato Chips	\$2.50
W Hummus & Pita Bread	\$4.95
Tropical Chips with Pineapple Salsa	\$4.50
Side Mixed Green Salad	\$4.50
Soup of the Day (see special's board)	\$7.40
Get any of our salads a half salad	



Yellow Curry Chicken Salad Panini



Whole Grain Mediterranean Turkey

Yummy Burritos:

Steak Burrito \$10.75

Our delicious steak mix with steamed rice, cheddar and jack cheeses, stuffed into a tomato tortilla and drizzled with sour cream and pineapple salsa.

Mediterranean Chicken Burrito

\$10.75

Hummus, roasted chicken, roasted red peppers, tomatoes, feta cheese, kalamata olives and rice all stuffed into a tomato tortilla and drizzled with a spicy Sriracha sauce.

SALADS:

Mexican Salad \$11.25

Roasted chicken, black bean and corn salsa, red onions, fresh cilantro, cheddar and jack cheeses, tortilla chips and romaine lettuce all tossed in our zesty chipotle honey vinaigrette.

W House Blend Salad \$10.50

Granny Smith apples, sundried cranberries, pecans, walnuts, fresh basil, goat cheese and gourmet mixed greens all tossed in our balsamic vinaigrette. Add chicken for \$1.99

Greek Salad \$10.50

Romaine lettuce, ham, diced red onions, kalamata olives, tomatoes, feta cheese and pepperoncinis tossed in our Greek dressing.

Chicken Caesar Salad \$9.9

Roasted chicken, crisp romaine lettuce, parmesan cheese, croutons and black pepper tossed in our delicious caesar dressing.

Fresh Spinach Salad \$10.50
Spinach, fresh basil, hummus, roasted red peppers, apples, sundried cranberries, diced red

onions and roasted garlic chicken tossed in our balsamic vinaigrette.

Side Salad and Soup
Get any salad as a half salad with a soup.



Steak Burrito

House Blend Salad



KIDS (comes with cookie):

Grilled Cheese Panini with yogurt or Lays potato chips
Add Turkey, Ham, Bacon or Sausage \$1.99

Grilled PB&J Panini with yogurt or Lays potato chips \$5.95

GRAB N' GO (any substitutions will be regular menu price)

Southwest Turkey Wrap with Tropical Chips and Pineapple Salsa	\$8.50	
Chicken Pesto Wrap with Tropical Chips and Pineapple Salsa	\$8.50	
Yellow Curry Chicken Salad Wrap with Tropical Chips and Pineapple Salsa	\$8.50	
Yellow Curry Chicken Salad on Mixed Greens Drizzled with Balsamic Vinaigrette	\$8.50 Wraps	
Mexican Salad	\$10.50	
House Blend Salad	\$9.95	
Chicken Caesar Salad	\$8.95	



BEVERAGES

Big	Bigger	Biggest
12oz.	16az.	20oz.

ESPRESSO YOURSELF (Hot or Iced):

	omgre	Dombie	milpie
Espresso	\$3.25	\$3.95	\$4.75
Cannucino	\$4.65	\$5.25	95 75

- Latte \$4.65 \$5.25 \$5.75
- Mocha Latte \$5.65 \$6.25 \$6.75
- ➡ White Mocha Latte \$5.65 \$6.25 \$6.75
- ➡ White Choc Macadamia \$5.65 \$6.25 \$6.75
- Caramel Macchiato \$5.65 \$6.25 \$6.75
- Toffee Crunch Latte \$5.65 \$6.25 \$6.75
- Americano \$3.95 \$4.65 \$5.25

JAVA DRINKS:

- ➡ Hot Coffee \$3.05 \$3.25 \$3.55
- iced Cold Brew \$3.75 \$4.25 \$4.75

TEA:

- 🐞 See our Tea Display
- Chai Latte (Hot or Iced) \$5.65 \$6.25 \$6.75

OTHER FUN STUFF:

Gourmet Hot Chocolate \$4.75 \$5.25 \$5.75

PERSONALIZE YOUR DRINK:

- Extra Shot of Espresso \$1.50
- Add a Flavor Shot \$1.50
- Milk Matters \$1.50 for alternative milks

HOUSE BLENDERS

FROZEN DRINKS

Biq

Bigger Biggest

CUFFEE & IEA:	120Z.	160Z.	20oz.
Java Blender	\$5.90	\$6.45	\$6.90

COFFEE O TEA.

- Java Blender \$5.90 \$6.45 \$6.

 Frozen vanilla coffee
- Caramel Mocha \$5.90 \$6.45 \$6.90

 Java Blender with Ghirardelli chocolate & caramel
- Cookies & Cream \$5.90 \$6.45 \$6.90

 Java Blender with Oreo cookies
- Mega Mocha \$5.90 \$6.45 \$6.90

 Java Blender with Ghirardelli chocolate & white chocolate
- Mocha Mint \$5.90 \$6.45 \$6.90

 Java Blender with Ghirardelli chocolate, peppermint
- Toffee Crunch \$5.90 \$6.45 \$6.90

 Java Blender with Ghirardelli caramel, toffee nut
- Chai Blender \$5.90 \$6.45 \$6.90
 Frozen Vanilla Chai Delish!

FRUIT SMOOTHIES & DESSERT BLENDERS:

- Berry Basil Blender \$5.90 \$6.45 \$6.90 Strawberries, raspberries, fresh basil
- Tropical Blender \$5.90 \$6.45 \$6.90 Mango, guava, pina colada
- The Hulk Blender \$5.90 \$6.45 \$6.90 Mango, banana, spinach, avocado
- Strawnananut \$5.90 \$6.45 \$6.90 Strawberries, bananas, peanut butter
- Peanut Butter Pie \$5.90 \$6.45 \$6.90
 Vanilla ice cream, Ghirardelli chocolate, peanut butter
- Build a Blender
 Go crazy and mix anything you see above